

AGES & UGSA PELVIC FLOOR SYMPOSIUM

Conference Program | 24 - 25 July 2026

FRIDAY 24 JULY 2026

0700 - 0800	Conference Registration	<i>Conference Hall Foyer</i>
0800 - 0845	OPENING PLENARY	<i>Conference Hall 1&2</i>
0800 - 0815	Welcome and Acknowledgment to Country	
0815 - 0845	Keynote Presentation: Regenerating What We Can't Reconstruct: Stem Cells in Pelvic Floor Medicine - Alex Digesu	
0845 - 1030	SESSION 1: Diagnostic Pathways & Patient Selection	<i>Conference Hall 1&2</i>
0845 - 0900	Patient Selection Matters: Identifying Risk for Persistent Pain Despite Optimal Surgery - Katy Vincent	
0900 - 0915	Seeing the Unseen: Imaging Innovations in Pelvic Floor Medicine - Nisha Subramaniam	
0915 - 0930	Imaging-Positive, Symptom-Negative: How Should Surgeons Respond? Pattaya Hengrasmee	
0930 - 0945	Setting Up for Success: The Preoperative Power of the Multidisciplinary Pelvic Pain Team - Helena Frawley	
0945 - 1000	Patient Selection and Shared Decision-Making - New Zealand Experience - Lyndsay Hayward	
1000 - 1010	Panel Discussion	
1010 - 1040	Morning Tea, Trade Exhibition & DCS	<i>Conference Hall Foyer</i>
1040 - 1205	SESSION 2: Apical Suspension	<i>Conference Hall 1&2</i>
1040 - 1055	Seeing Is Believing: Does Enhanced Visualization Really Improve Apical Suspension? Chin Yong	
1055 - 1110	Holding On: Uterine Conservation in Modern Pelvic Reconstructive Surgery - Marcus Carey	
1110 - 1125	Back to Basics: Native Tissue Repair and the Recurrence Conundrum - Alison Desouza	
1125 - 1140	Choosing the Route: Comparative Outcomes of Vaginal, Laparoscopic, vNOTES and Robotic Hysterectomy - Pinar Cingiloglu	
1140 - 1155	Holding It Up Before It Falls: Prophylactic Apical Support at Hysterectomy - Jens Erik Walter	
1155 - 1205	Panel Discussion	
1205 - 1305	Lunch, Trade Exhibition & DCS	<i>Conference Hall Foyer</i>
1305 - 1430	SESSION 3: Concurrent Sessions	
	3A: Surgical Management of Stress Urinary Incontinence (SUI)	<i>Conference Hall 1&2</i>
1305 - 1320	Mid-Urethral Slings: Retropubic Vs TOT — Still the Gold Standard? - Yik Lim	
1320 - 1335	Autologous Fascial Slings: Who, When, and How? - Anna Rosamilia	
1335 - 1350	Alternatives to Slings - Natharnia Young	
1350 - 1405	Controversies and Debates: Balancing Safety, Durability, and Innovation - Oliver Daly	
1405 - 1420	Oops... It Leaked Again! Surgical Redo or Rethink - Peter Dwyer	
1420 - 1430	Panel Discussion	

1305 - 1430	3B: Surgical Masterclass - Tips and Tricks	<i>Conference Hall 3</i>
1305 - 1320	Difficult Doesn't Mean Abandon: Advanced Vaginal Hysterectomy Techniques - Carly Walsh	
1320 - 1335	Expect the Unexpected - Caroline Dowling	
1335 - 1350	Native Tissue Uterine Preservation: Contemporary Hysteropexy Techniques - Alex Digesu	
1350 - 1405	Restoring Apical Support: Surgical Techniques in Manchester Repair & Sacrospinous Fixation - Lin Li Ow	
1405 - 1420	Endometriosis in the Genitourinary Tract - Charlotte Reddington	
1420 - 1430	Panel Discussion	
1430 - 1500	Afternoon Tea, Trade Exhibition & DCS	<i>Conference Hall Foyer</i>
1500 - 1625	SESSION 4: Functional Disorders & Pelvic Pain	<i>Conference Hall 1&2</i>
1500 - 1515	Stimulate, Modulate, Liberate: The New Era of Bladder Control - Alex Digesu	
1515 - 1530	Outcomes Through Collaboration: Tackling Faecal Incontinence and Defecatory Disorders - Alex Wong	
1530 - 1545	Feel, Function, and Feedback: The Physio Frontier in Pelvic Pain - Shan Morrison	
1545 - 1600	Victorian Pain Inquiry: What Next and Whose Responsibility is Pain Neuroscience - Marilla Druiitt	
1600 - 1615	Connecting the Dots in Pelvic Pain: Gynaecologic Findings in IC/BPS and the 2025 Consensus - Katy Vincent	
1615 - 1625	Panel Discussion	
1630	Conference Close	
1645 - 1730	UGSA AGM - UGSA Members Only	<i>Conference Hall 1&2</i>
1900 - 2300	Conference Dinner	<i>River Room Crown Promenade</i>

SATURDAY 25 JULY 2026

0800 - 0830	Conference Registration	<i>Conference Hall Foyer</i>
0830 - 1005	SESSION 5: Sexual Function, Menopause & Psychosocial Health	<i>Conference Hall 1&2</i>
0830 - 0845	Strong, Sexy & Supported: Menopause, Hormones, and the Midlife Pelvic Floor - Carmen Brown	
0845 - 0900	It's Not Just Age: Should Surgery Differ Before and After Menopause? Kris Cvach	
0900 - 0915	Ethics Of Laser and Energy Device for GSM In 2026 - Jason Abbott	
0915 - 0930	More Than Mechanics: Integrating Sexual Therapy into Pelvic Health - Karen Freilich	
0930 - 0945	Menopause After Endometriosis: Managing Symptoms Without Reigniting Disease Katy Vincent	
0945 - 0955	End of Hysteria - Alexandra Mowat	
0955 - 1005	Panel Discussion	
1005 - 1035	Morning Tea, Trade Exhibition & DCS	<i>Conference Hall Foyer</i>
1035 - 1205	SESSION 6: Oral & Video Free Communications	<i>Conference Hall 1&2</i>
1205 - 1305	Lunch, Trade Exhibition & DCS	<i>Conference Hall Foyer</i>

1305 - 1430	SESSION 7: Concurrent Sessions	
	7A: Obstetric Trauma & Pelvic Floor Protection	<i>Conference Hall 1&2</i>
1305 - 1320	Foresee the Tear: Identifying Predictors of Perineal Trauma - Michael Rasmussen	
1320 - 1335	Hidden Damage, Visible Truth: Why Postnatal Assessment Matters - Fay Chao	
1335 - 1350	Bounce Back, Not Break Down: Redefining Postpartum Fitness - Elise Fraser	
1350 - 1420	DEBATE: For: Saving the Floor Before the Fall: The Pro-LSCS Argument Lucy Bates & Anthea Lindquist Against: Trading One Risk for Another: The Case Against Universal LSCS Jenny King & Kym Jansen	
1420 - 1430	Panel Discussion	
1305 - 1430	7B: Tradition vs Evidence & The Future of Pelvic Floor Care	<i>Conference Hall 3</i>
1305 - 1320	Beyond the Routine: What Really Drives Post-Op Recovery - Madeleine Ward	
1320 - 1335	Busting Surgical Myths: The Truth About Pelvic Floor Surgery Practices - Frida Carswell	
1335 - 1350	Move, Rest, or Wait? What Science Says About Life After Pelvic Surgery - Ruchi Singh	
1350 - 1405	Data That Delivers: Registries Driving Safer Pelvic Surgery - Ruth Cameron-Jeffs	
1405 - 1420	Bridging Inequities with Telementoring and Telesurgery - Dean Conrad	
1420 - 1430	Panel Discussion	
1430 - 1500	Afternoon Tea & Trade Exhibition	<i>Conference Hall Foyer</i>
1500 - 1630	SESSION 8: Smart Pelvic Care: AI, Imaging, Ethics, and Learning from Outcomes	<i>Conference Hall 1&2</i>
1500 - 1515	Smart Surgery: AI and Imaging Transforming Pelvic Care/Data Driven Healthcare - Debjyoti Karmakar	
1515 - 1530	Respect Without Assumptions: Ethical Foundations of Transgender-Inclusive Gynaecological Care - Charlotte Elder	
1530 - 1615	M&M Case Discussion Panellists: Rachel Green, Samantha Mooney & Lauren Ferris Chairs: Mugdha Kulkarni, Emma Readman	
1615 - 1630	Closing Session	
1630	Conference Concludes	